



Windham Ridge P.S. Community Newsletter



Week ending: **November 25th, 2022**



<p>Monday, November 28 (Day 5) 7C and half of 7B at VORC Book Fair starts Int. B/G Volleyball Tournament -WRPS</p>	<p>Monday, December 5 (Day 1)</p>
<p>Tuesday, November 29 (Day 1) Pizza lunch 2B at VORC Int. B/G Volleyball Tournament -WRPS</p>	<p>Tuesday, December 6 (Day 2) Pizza lunch</p>
<p>Wednesday, November 30 (Day 2) 2D and half of 2C at VORC Afterschool Numeracy Program (gr. 8)</p>	<p>Wednesday, December 7 (Day 3) Afterschool Numeracy Program (gr. 8)</p>
<p>Thursday, December 1 (Day 3) 2A and half of 2C at VORC Subway lunch King City visit our gr. 8's</p>	<p>Thursday, December 8 (Day 4) Subway lunch King City Open House After School Numeracy begins (grade 4)</p>
<p>Friday, December 2 (Day 4) 4A and half of 4B at VORC</p>	<p>Friday, December 9 (Day 5)</p>

Multifaith Observances



"Looking to a New Day"
by Ann Hilton

Indigenous Spirituality 1 Long Nights Moon (local Oneida)
Jainism 3 Maunajiyaras
Buddhism 7 Sanghamitta Day
Buddhism 8 Bodhi / Rōhatsu (Awakening) Day
Full Moon 8 Full Moon
Bahá'í Faith 12 Masá'il
Islam 13 Birth Date of the Aga Khan
Mexican Culture 16 Las Posadas

This full moon was known by early First Nations peoples / Native American tribes as the Cold Moon because this is the time of year when the cold winter air settles in and the nights become long and dark. This moon has also been known as the Long Nights Moon and the Moon Before Yule.
(Sea and Sky)



WRPS Winter Giving

Supporting

[360 Kids](#)

Our **Student Social Justice Committee** has taken off! They have researched needs in our YRDSB community and have determined that, as a school community, we will be donating to the York Region [organization 360*Kids](#) who “support at-risk youth and surrounding them with care, recognizing that these kids need a wide range of supports to help them rebuild their lives.”

Our student body will share more information soon about how each class can support the profile of one youth from 360*Kids.

We will also be partnering with our WRPS School Council to collect warm hats, scarves, and mittens, to also donate to [360Kids](#) !

More information is coming soon!

Bridging the Gap in Autism and ADHD Support and Services


Session offered in
Tamil

Many families are searching for opportunities to address the barriers that exist with accessing services for their children with Autism and/or ADHD.


This workshop will seek to address these gaps in support and services. We welcome all families to participate and attend.

This session will be held in Tamil, in person and provide the following information:

- ★ Educate and empower parents so they become actively involved in the care of their children
- ★ Build resilience in the parents by establishing a support network of parents, professionals and community members
- ★ Increase parent - professional collaboration
- ★ Addressing the stigma that exists with an Autism and/or ADHD identification.

 <p>Bridging the Gap in Autism and ADHD Support and Services</p> <p>Many families are searching for opportunities to address the barriers that exist with accessing services for their children with Autism and/or ADHD. This workshop will seek to address these gaps in support and services. We welcome all families to participate and attend.</p> <p>This session will be held in Tamil, in person and provide the following information:</p> <ul style="list-style-type: none">★ Educate and empower parents so they become actively involved in the care of their children★ Build resilience in the parents by establishing a support network of parents, professionals and community members★ Increase parent - professional collaboration★ Addressing the stigma that exists with an Autism and/or ADHD identification. <p>To register for the in-person session, please click on the link below:</p> <p>@சீக்கி.அருள்நி.புத்திரன்.செல்வம்</p>	<p>Parents, Grandparents and Caregivers!</p> <p>Join us to learn and share with your community how we can all be connected in this work!</p> <p>Date: Saturday, November 26, 2022</p> <p>Time: 2:00PM - 6:00PM</p> <p>Location: Middlefield Collegiate Institute 525 Highglen Avenue Markham, ON L3S 3L5</p> <p>Presenters: Dr. K. Puvanendran</p> <p>For more information, please contact Community & Partnership Developer:</p> <p>Nageswary Srikumaraguru nageswary.srikumaraguru@yrdsb.ca</p> <p>This free information session is brought to you by Inclusive School and Community Services of York Region District School Board.</p>
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[Click here to access the full document and registration.](#)

A yellow thought bubble with a white box inside containing the text "Grade 8 News".

Grade 8
News

On **Thursday December 1st**, King City Secondary School will be visiting WRPS! All grade 8's will have a chance to speak with staff from KCSS about high school programs, learn more about course selection, and ask questions about all things high school! We can't wait!

King City is hosting their Open House night on Thursday **December 8th**, from 6:30 pm to 8:00 pm. This is a great way for students and families to learn more about KCSS, ask questions to King City teachers, and understand all the amazing opportunities available at KCSS.

Extra clothing

and

My School Checklist

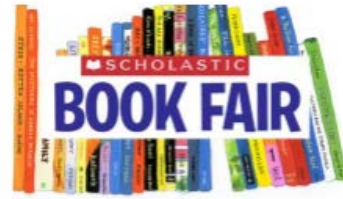
With the *winter* months ahead of us, the grass will get more progressively wet and muddy and the weather will become colder. As our students will be outdoors for recess, it is important to send warm clothing with your child including extra clothing to be kept at school.

Have I packed these items in my bag today before leaving for school:

Lunch/extra snacks	Utensils for lunch
Water Bottle	Indoor shoes
Agenda	Extra clothing- including socks
Homework/assignments/projects	Snow Pants/hat/mittens
Extra masks (if needed)	

**Scholastic
Book Fair
beginning next week!**

**Parents/Guardians
welcome to visit during the
times listed for browsing or
purchases.**



French Scholastic Book Fair
(English Books available too)

Dear families,

The **Scholastic Book Fair** will take place from
November 28 - December 2, 2022 in our school library.

Below are dates and times for our Scholastic Book Fair.

Monday, November 28th: 9am - 11:50am / 3:20pm - 5pm

Tuesday, November 29th: 9am - 11:50am / 3:20pm - 5pm

Wednesday, November 30th: 9am - 11:50am

Thursday, December 1st: 9am - 11:50am

Friday, December 2nd: 9am - 11:10am

Looking forward to having students and families visit us at our **Scholastic Book Fair!**
Parents are invited to come anytime the fair is open.

Thank you for your support!

Mme Suleman (Teacher Librarian)

Mental Health Information Session In Mandarin and Cantonese

Click [here](#) to access the full flyer and registration link

To register for a Mandarin session: [Mandarin Session](#)

To register for a Cantonese session: [Cantonese Session](#)

This free information session for parents and families is brought to our families in partnership with Hong Fook Mental Health Association, Community Care Team and Inclusive School and Community Services of YRDSB.

This session in Mandarin and Cantonese will help parents and families gain:

- an understanding of mental health
- mental health issues
- associated stigma
- coping strategies
- community resources.

Introduction to Mental Health
認識心理健康 / 認識心理健康

This session in Mandarin and Cantonese will help you gain an understanding of mental health, mental health issues, associated stigma and coping strategies and community resources.

這講座將讓大家了解什麼是心理健康、心理健康問題、相關的標籤、應對策略和社區資源。

此講座將幫助大家認識心理健康相關的一些常見問題以及認識相關的社區資源。

To register for a Mandarin session: [Click here](#) or scan the QR code

To register for a Cantonese session: [Click here](#) or scan QR code

Parents, Guardians and Caregivers

Join us to learn and share with your community how the families are supported!

Date: **Tuesday, November 29, 2022**
Time: 7-8:30pm
Location: Google Meet link will be provided upon registration.

Presenters:
Charmaine Tong (M.S.W., R.S.W.)
York Region District School Board
School Social Worker (Chinese Heritage Community)
Hannah Xu (MPH)
Hong Fook Mental Health Association
Youth Program Worker

For more information, please contact:
Community Care Team
School Social Worker
Charmaine Tong
charmaine.tong@yrdsb.ca
Inclusive School and Community Services
Community & Partnership Developer
Pauline Guo
pauline.guo@yrdsb.ca

This free information session is brought to you in partnership with Hong Fook Mental Health Association, Community Care Team and Inclusive School and Community Services of York Region District School Board.

HONG FOOK
MENTAL HEALTH ASSOCIATION



<https://hongfook.ca/>

Student absences And Reporting Extended Absences and Vacations

Please notify the school office if your child/ren will be leaving on an early vacation before the start of the winter break or will not be returning to school on Monday January 9th. An absence can be reported by parents, in advance, by one of the 2 methods:

- 1) enter a planned absence on Edsby or the Edsby App
- 2) report through the iNFORM system by calling 905-773-5443 (press 1)

If students are absent more than 15 days, a **Notification of Expected Return to School** form will need to be filled out by parents and handed in to the school before the student starts on the extended leave. Please contact the school to get a copy of this form.

Crossing Guards needed for the City of Richmond Hill

There is an immediate opening for a crossing guard at the intersection of Red Cardinal Trail and Lupine Crescent. Please refer to this flyer for hiring information.

<https://jobs.richmondhill.ca/>

WE'RE HIRING!

Become a School Crossing Guard!

We're looking for caring individuals to help keep our kids safe on their way to and from school.

- Work up to 3 hours a day
- 5 days a week
- Rain or shine

Apply online!

RichmondHill.ca/Employment

Inclement Weather



With the winter weather approaching, we want to remind families of the steps we take as a Board to keep students safe when severe weather occurs.

- School transportation may be cancelled due to extreme cold or inclement weather.
 - Schools will remain open unless otherwise stated
 - If school transportation is cancelled in the morning, it will also be cancelled in the afternoon.
 - Any special or hot lunch days and field trips will also be cancelled.
- Families should use their best judgement to decide whether to send their children to school on extreme cold or inclement weather days.
 - Students will not be penalized for missing school on those days.
 - For safety reasons, please let the school know if your child will not be attending school that day.
- Emergency closures will be considered when conditions may not be safe for students and staff members to attend school for the full day.
 - This may include events that significantly limit school operations or access to the school site (e.g., widespread, prolonged power failures or downed power lines).
- Decisions about school transportation and school closures will be made as early as possible and no later than 6:00 am through:
 - Student Transportation Services - www.schoolbuscity.com or 1-877-330-3001
 - [Board](#) and school websites
 - [@YRDSB](#) Twitter account
 - Radio and TV media outlets

Empathy and Well Being Wednesday

What does empathy
mean to you?



<https://www.youtube.com/watch?v=1Ewgu369Jw>

Wellbeing Wednesday

le 23 novembre

Here we share some *affirmations*. They are like positive reminders or words of encouragement to help us start the day. Affirmations also remind us to focus on what makes us feel good inside.

→ 😊 Now take a moment to pause, and listen to a few affirmations you can say to yourself throughout the week.

AFFIRMATIONS YOU CAN REPEAT DAILY

- I believe in myself
- I am limitless. Anything is possible
- I am grateful for the life I have
- I accept myself as I am
- I am loved and admired everyday
- Today is a new beginning

Slide Background Design by: Jonas R- Grade 6 (Tech Crew)

YRDSB Student Mental Health and Addictions Newsletter

November 2022



I **belong** here.
I am **cared** for here.
I **matter** here.
I am **important** here.
I am **accepted** here.
I am **valued** here.



Dear Families,

The [October Newsletter](#) introduced the revised [Student Mental Health and Addiction Strategy \(SMHAS\): A Holistic](#)

[Approach to Mental Health, Within Us, Between Us, Around Us.](#)

[In the November edition of the Newsletter](#), we take a closer look at the concept of “Within” and the associated learning actions for Kindergarten to Grade 12+. The Within learning actions are part of the SMHA strategy implementation and a series of ongoing learning opportunities for students and educators that support student mental health and well-being.

The term learning action reflects our ongoing commitment to connecting the Within-Between-Around framework to continued learning and action, moving beyond an activity, which can often be seen as a moment in time. Through learning actions, we hope to create sustainability and highlight - a process - and a journey in our learning.

The goals of the learning actions are to create/enhance [identity-affirming spaces](#) within the learning environment, promote positive identity formation, support educators in knowing their learners in a meaningful way, build positive connections, and support well-being.

[Click here to access the full November newsletter.](#)